

MTM COLLEGE OF ARTS, SCIENCE & COMMERCE

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DEPARTMENT OF SOCIOLOGY ACTION PLAN FOR THE ACADEMIC YEAR 2023-24

| Sl.No | Action Plan | Description | Tentative Date |
|-------|--|---|----------------|
| 1 | FIRE STATION VISIT | This visit aims to educate and inspire participants, providing them with a greater appreciation for the work of our firefighters and the importance of fire safety. | 8/6/2023 |
| 2 | BLOOD DONATION CAMP | The primary objective of the Blood Donation Camp is to collect blood units to save lives and improve the health and well-being of patients in need of blood transfusions. This initiative aims to increase awareness about the importance of blood donation and encourage voluntary blood donors to contribute to this vital cause | 14/06/2023 |
| 3 | KAITHANG | Food Kit Distribution Program for individuals facing difficulties in meeting their basic needs, particularly related to food scarcity. The program aimed to alleviate hunger and provide support to those in need within the local community | 15/6/2023 |
| 4 | KAITHANG | Food Kit Distribution Program for individuals facing difficulties in meeting their basic needs, particularly related to food scarcity. The program aimed to alleviate hunger and provide support to those in need within the local community | 15/7/2023 |
| 5 | TECHNOLOGICAL SKILL DEVELOPMENT PROGRAMME | an engaging and informative Workshop on Basics in IT designed for beginners eager to explore the world of Information Technology (IT). This workshop serves as a comprehensive introduction to essential IT concepts, covering topics such as computer fundamentals, software applications, internet basics, and cybersecurity essentials | 27/07/2023 |
| 6 | ORIENTATION FOR FIRST YEAR STUDENTS | The orientation programme for first-year students is designed to set the stage for a successful transition into college life. Through a series of engaging sessions, workshops, and activities, students will be introduced to the academic, social, and personal aspects of university experience | 1/8/2023 |
| 7 | BRIDGE COURSE | Bridge Course for students is designed to facilitate a smooth transition into higher education by offering a comprehensive blend of academic, cultural, and personal development experiences. The programme is structured to address the diverse needs of incoming students, regardless of their academic background or prior experiences | 8/8/2023 |

| | | Food Kit Distribution Program for individuals facing difficulties in | |
|----|--------------------------------|---|-------------|
| 8 | KAITHANG | meeting their basic needs, particularly related to food scarcity. The program aimed to alleviate hunger and provide support to those in need within the local community | 25/8/2023 |
| 9 | ONE DAY WORKSHOP ON | This comprehensive program offers participants an opportunity to | |
| | INDRODUCTION TO SOCIAL SCIENCE | explore various methodologies, techniques, and ethical considerations | |
| | RESEARCH | essential for conducting rigorous research in social sciences. | 2/9/2023 |
| | | an engaging and informative Workshop on Basics in IT designed for | |
| | | beginners eager to explore the world of Information Technology (IT). | |
| | TECHNOLOGICAL SKILL | This workshop serves as a comprehensive introduction to essential IT | |
| | DEVELOPMENT PROGRAMME | concepts, covering topics such as computer fundamentals, software | |
| 10 | | applications, internet basics, and cybersecurity essentials | 12/9/2023 |
| 11 | | World Suicide Prevention Day is observed annually on September 10th | |
| | | to raise awareness about suicide prevention worldwide. This year, our | |
| | | program will focus on bringing the community together to take a | |
| | WORLD SUICIDE PREVENTION DAY | pledge for suicide prevention and form a human chain as a symbol of | |
| | PLEDGE AND HUMAN CHAIN | unity and support for those affected by suicide. | 11/9/2023 |
| | | Embark on an enriching adventure as we delve into the captivating | |
| | | world of tribal cultures in our special program, "Tribal Visit." This | |
| | | unique experience offers a rare opportunity to immerse yourself in the | |
| | | customs, traditions, and lifestyles of indigenous communities from | |
| 12 | TRIBAL VISIT | around the globe. | 15/9/2024 |
| 13 | | Food Kit Distribution Program for individuals facing difficulties in | |
| | | meeting their basic needs, particularly related to food scarcity. The | |
| | | program aimed to alleviate hunger and provide support to those in need | |
| | KAITHANG | within the local community | 24/9/2024 |
| 14 | FIELD WORK | As a Part of project work | 7-8/10/2024 |
| 15 | | Food Kit Distribution Program for individuals facing difficulties in | |
| | | meeting their basic needs, particularly related to food scarcity. The | |
| | | program aimed to alleviate hunger and provide support to those in need | |
| | KAITHANG | within the local community | 24/10/2024 |
| | | The primary objective of the Eye Test Camp is to provide | |
| | EYE TEST CAMP | comprehensive eye examinations and vision care services to the local | |
| | | community, focusing on early detection and prevention of eye-related | 11/11/2024 |
| 16 | | health issues | 11/11/2024 |
| 1/ | | Food Kit Distribution Program for individuals facing difficulties in | |
| | | meeting their basic needs, particularly related to food scarcity. The | |
| | KATTI ANG | program aimed to alleviate hunger and provide support to those in need | 2(/11/2024 |
| | KAITHANG | within the local community | 26/11/2024 |
| | | Constitutional Day, a significant occasion to honor and reflect on the | |
| | | adoption of our constitution. This event is dedicated to educating and | |
| | | inspiring participants about the importance of constitutional values and | 26/11/2024 |
| 18 | CONSTITUTIONAL DAY CELIBRATION | the role they play in our democratic society. | 26/11/2024 |
| 19 | | | |
| | | Food Kit Distribution Program for individuals facing difficulties in | |
| | | meeting their basic needs, particularly related to food scarcity. The | |
| | | program aimed to alleviate hunger and provide support to those in need | 27/11/2024 |
| 1 | KAITHANG | within the local community | 27/11/2024 |

| 20 | NAL SESSION - "CREATING A SPACE FOR Y | "Creating a Space for Your Own" is a motivational session designed to empower individuals to carve out their unique space in various aspects of life, be it personal, professional, or creative. This session aims to inspire attendees to identify their passions, leverage their strengths, and take actionable steps toward creating a fulfilling and authentic life | 21/01/2024 |
|----|---------------------------------------|---|------------|
| 21 | KAITHANG | Food Kit Distribution Program for individuals facing difficulties in meeting their basic needs, particularly related to food scarcity. The program aimed to alleviate hunger and provide support to those in need within the local community | 24/01/2024 |
| 22 | CAREER OPPORTUNITIES IN SOCIOLOGY | The "Career Opportunities in Sociology" session is designed to provide students and professionals with a comprehensive understanding of the diverse career paths available to those with a background in sociology | 15/03/2023 |