

MTM COLLEGE OF ARTS SCIENCE AND COMMERCE, VELIANCODE NATIONAL SERVICE SCHEME, MONTHLY REPORT.

(Additional Paper)

Unit No: SF16 (Malappuram)

Month: September

Cleaning (08/09/2021)

Your environment, both at home and at work, plays a critically fundamental role in your physical and mental health, as well as your overall well-being, much more than you might have ever given it credit for.

A dirty or uninviting environment doesn't just cause infections or repulsion, it also pulls apart your emotional control and mental stability. On the other hand, a clean environment facilitates a sound health, and helps build about a robust well-being.

On Wednesday, September 8th, 2021, the NSS unit of MTM college Veliyancode cleaned the surroundings.



Poster Making Competition (13/09/2021)

A dowry is a payment, such as property or money, paid by the bride's family to the groom or his family at the time of marriage. Dowry contrasts with the related concepts of bride price and dower.

Dowry has become a nightmare for women, as they get harassed by their husbands for wealth and money. It is estimated that 8000+ women were killed because of dowry system. Dowry system doesn't give women equal right in the society.

On Monday, September 13th 2021, the NSS unit of MTM college Veliyancode conducted a poster making competition on the topic "Say No To Dowry". The 1st prize was awarded to Najmath, and Nafiya bagged 2nd prize. Both Arsha and Shareena was awarded 3rd prize.

MTM COLLEGE
ARTS, SCIENCE & COMMERCE
Affiliated to University of Calicut
MTM NSS UNIT-SF 16

NATIONAL SERVICE SCHEME DEPARTMENT,
UNIVERSITY OF CALICUT PRESENTS

**POSTER MAKING
COMPETITION**

THEME-SAY NO TO DOWRY

LAST DAY OF ENTRY:- 16 SEPTEMBER 2021
OPEN TO ALL STUDENTS AND TEACHERS OF MTM COLLEGE
KINDLY SEND VIA WHATSAPP +91 95622 24116
NOTE*- SUBMISSION ONLY IN JPEG & PDF
FORMATS, MAXIMUM FILE SIZE 8MB

ALL WINNERS SHALL GET AN E-CERTIFICATE
The best three selected posters will be forwarded to the Kerala
Raj Bhavan.

Coordinator - ahras | 8802528888
Coordinator - nafiya | 99951 59502

Winners
OF
POSTER MAKING
COMPETITION
ON: SAY NO TO DOWRY

Congratulations
to all winners!

1 Najmath
2 Nafiya
3 Arsha
3 Shareena

Njar Nadal (15/09/2021)

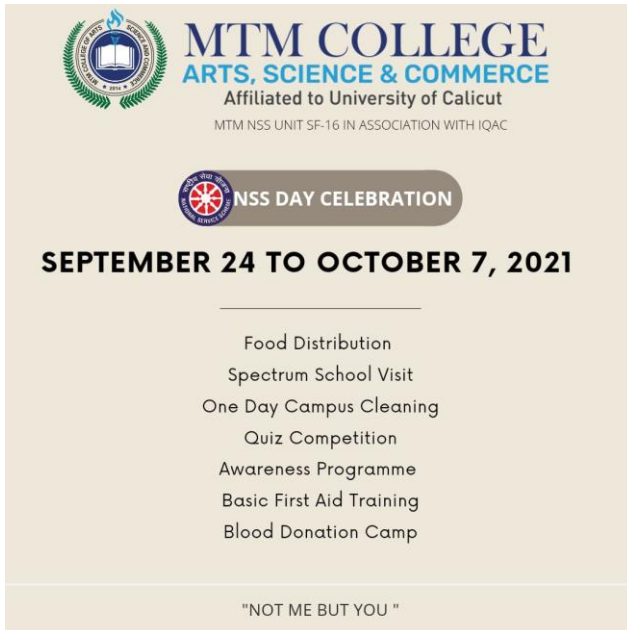
Njar nadal or seedling plantation is the process of planting seedlings for future harvest.

On Wednesday September 15th 2021, the NSS unit of MTM college Veliyancode engaged in njar nadal process. The students of NSS unit SF-16 planted seedlings on a plot of land.



NSS DAY CELEBRATION:

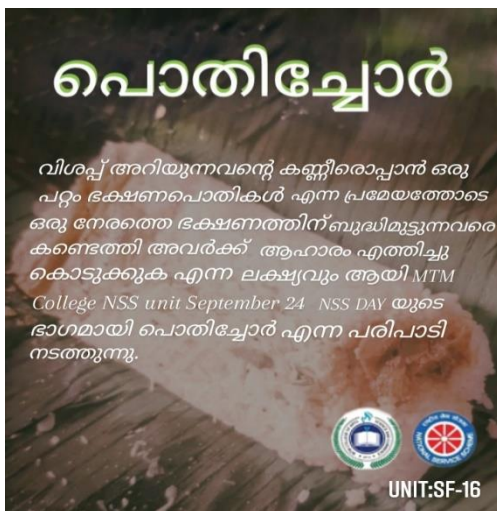
The following programs were conducted as a part of NSS day celebration:



Food Distribution (24/09/2021)

There is an estimated one hundred million homeless people in the world who are starving and are trying to find a way to survive. On a day-to-day basis, we see homeless people everywhere such as on the streets, by the freeway asking for money so they can feed themselves, or maybe even feed their own family.

On Friday, September 24th 2021, the NSS unit of MTM college Veliyancode led a food distribution campaign. On that day the student in NSS unit SF-16 supplied rice, wrapped in newspaper to the poor and homeless.



Campus Cleaning (26/09/2021)

On Sunday, September 26th 2021, the NSS unit of MTM college Veliyancode conducted a Campus Cleaning Programme. All students in NSS unit SF-16 participated in this programme with the guidance of Ashik sir (NSS Head).



Spectrum School Visit (28/09/2021)

On Tuesday, September 28th 2021, the NSS unit of MTM college Veliyancode visited the spectrum special school for kids with special needs in maranchery. The students in NSS unit SF-16 went there and interacted with the students and teachers at the school.

